



CANOE SAFARAID DORDOGNE
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CANOE-BUNGALOW HOLIDAYS

Thank you for choosing our company to explore our beautiful Dordogne. Here is some information to help you organize your canoe-bungalow holidays.

ORGANISATION :

DAY 1

Saturday > Arrival at the chalets « Mirandol Dordogne »
between 4:00 p.m. and 8:00 p.m. Installation in your accommodation.

DAY 2

Sunday > First stage of canoë

VAYRAC > SAINT-SOZY 18 KM

Meet at the **Vayrac** canoe base (100m from your bungalow) between 10:00 a.m. and 1:00 p.m., at your convenience.

Very nice descent between the limestone cliffs of Quercy, passage at the foot of the castle of Mirandol and the belvedere of Copeyre, possibility of visiting Gluges and its church whose restoration of the stained glass windows was funded by Edith Piaf who liked to come and relax there. Possibility of a stop at Montvalent with the resurgence of the underground river of the Padirac chasm (10 min by foot). You will also have the opportunity to stop in Creysse, a typical Lot village.

DAY 3

Monday > Second stage of canoë

SAINT-SOZY > SOUILLAC 18 KM

Meet at 9:00 am at the base of Vayrac. A day under the sign of the cliffs and the castles of Lot. Bathing breaks on a pebble beach in front of the Belcastel castle, passage under the Treyne castle, classified «Relai et Châteaux». If you are careful, you can enter a cave with your canoe and feel the freshness of the resurgence.

DAY 4

Tuesday > Free day

It's up to you to define your program !
Idea of visits: Turenne, Curemonte, Collonges-la-Rouge, Rocamadour...

DAY 5

Wednesday > 3rd stage of canoë

ARGENTAT > BEAULIEU-SUR-DORDOGNE 21 KM

Meet at 9:00 am at the base of Vayrac. Arrival in

Argentat around 10:45 am, delivery of equipment and departure for the descent. During the descent, passage of the Battut rapid.
Arrival in Beaulieu-sur-Dordogne and its beautiful chapel along the river.

DAY 6

Thursday > Free day

Why not go to the Vayrac market in the morning, then discover the abyss of Padirac, Martel or a little further the caves of Lascaux...?

DAY 7

Friday > 4th stage of canoë

BEAULIEU-SUR-DORDOGNE > VAYRAC 23 KM

Meet at 9:00 am at the base of Vayrac.

Departure by canoe around 9.45 am in the heart of the village of Beaulieu-sur-Dordogne. During the descent possible visit of Carennac and its cloister.

DAY 8

Saturday > Start

Departure from the chalets « Mirandol Dordogne » before 10.00 am.

TRAVEL :

Free bus shuttles to your departure and return points at Vayrac base.

DO NOT FORGET :

Eat : plan a picnic for each day in a canoe. Provide bottles of water.

Dress : plan things for all weather conditions (sun, rain and wind)

In addition : Caps, sunscreen, glasses cords, water shoes (available on site).



THE NUMBERS TO KNOW

112 > EUROPEAN EMERGENCY NUMBER

15 > SAMU

17 > POLICE HELP

18 > FIREFIGHTERS

114 > EMERGENCY NUMBER FOR THE DEAF AND HARD OF HEARING

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